

Switching Coaches

Where to Start

There may be a time in your skater's pathway that they need to switch to another base coach. This is completely normal and sometimes expected. Please note there is a right way to switch or change coaches:

1) Think about why you want to switch or change your base coach. Can this be dealt with by communicating with your coach? We encourage you to meet with your coach to try and resolve any issues.

2) If you feel these issues cannot be resolved, let your coach know that you will be seeking out new opportunities for your skater.

3) Contact a new coach to see if they have availability to teach your child. Meet with them and decide if you would like them to coach your child;

-Ensure you discuss expectations around lessons (when and on what sessions), costs (how much per 15 min lesson) and how to pay the coach.

-Understand their philosophy, their coaching style and their expectations

4) The new coach will then decide if they want to coach your child.

If the new coach decides to take on your child, contact your head coach immediately and advise them that you no longer wish to have them as your base coach and request your final coaching bill

5) Pay any outstanding invoices immediately.

All coaches and board members at Skate Regina understand that switching base coaches happens. You as a parent have the right to choose whichever coach you feel is best for your child.

Expectations of Parents:

-Bring your skater to the rink on time and if you would like to stay, please watch from the seats or benches.

-Please refrain from coaching your skater from the boards.

-If you have a question, please direct it to the coaches

-Understand that your skater may be coached by one or more of the coaches on the coaching team

-Pay your bills in a timely fashion and if required work with the coach to set up a payment plan

-All parents/guardians are expected to follow Skate Canada's Parent Code of Conduct

Expectations of Skaters:

-Be on time for your sessions - both on ice and off ice sessions;

-Keep the dressing rooms tidy, please ensure your garbage including tissues are disposed of properly

-You are warmed up sufficiently to get on the ice

-Ensure your skates and other items are maintained properly

-Take care of yourself - get enough sleep, drink enough water and ensure you are getting proper nutrition

-Be polite and respectful to your fellow skaters, parents and coaches at all times on and off the ice, and represent Skate Regina with the upmost pride and respect.

Expectations of Coaches:

- All coaches are expected to follow Skate Canada's Coaches Code of Ethics
- Will send invoices in a timely manner (monthly or semi-monthly)
- Will act with professionalism and be respectful to skaters, parents and fellow coaches